



8th EFOST CONGRESS 2015

Torino International Congress on Sports Medicine

Politecnico di Torino

Presidents: Gian Luigi Canata Gernot Felmet

Torino – 27- 28 November 2015

SCIENTIFIC PROGRAM - FRIDAY, November 27

MAIN HALL

7.30 Congress Registration

8.25 – 8.30 Welcome

8.30 – 9.40 SESSION I: ACL: anatomy, biomechanics, surgical indications

CHAIRS: Gernot Felmet, Maurilio Marcacci

Anatomy of cruciate ligaments and landmarks- Robert Smigielski

ACL biomechanics and measurements - Maurilio Marcacci

Imaging of the injured knee - Carlo Martinoli

Conservative vs operative treatment - Roland Jakob

Which graft for the Athlete - Matteo Denti

9.40 -10.50 SESSION II: Knee ligaments

CHAIRS: Gian Luigi Canata, Joao Espregueira Mendez, Andrew Williams

Patellar tendon - Peter Hertel

Semitendinosus - Peter Verdonk

ACL reconstruction foreign material free - A A El Singergy

Conservative treatment of PCL lesions Bas Pijnenburg

Surgical treatment of PCL lesions Karl Peter Benedetto

10.50 BREAK

11.00 - 12.30 SESSION III: ACL : combined lesions and revisions

CHAIRS: Philippe Neyret Roland Jakob, Stefano Zaffagnini

Anterolateral instabilities - Stefano Zaffagnini

Anteromedial instabilities - Gian Luigi Canata

ACL reconstruction and osteotomies Jacques Menetrey

Z-ligament for ACL reconstruction - Willem Van der Meuwe

Single stage Revision - Gernot Felmet

Two stage ACL Revision - Andrea Achtenich

12.30 - 12.45 Lecture: My way to try to understand the complex function of this joint: the knee **- Werner Muller**

12.45 CONGRESS OPENING - G.L. Canata, G. Felmet

13.00 LUNCH

WORKSHOP: Henrique Jones: MPFL reconstruction (Smith & Nephew)

14.10 - 14.55 HOW I DO:

CHAIR: Gigi Pederzini, Lars Engebretsen, Iordi Ardevol

Anatomic ACL reconstruction - Andrew Williams

Press fit ACL reconstruction - Gernot Felmet

POL and ALL Reconstruction - Ralph Akoto

Achilles tendon repair - Nicola Maffulli

15.00 - 15.15 LECTURE: How to manage the knee in the over 60: Philippe Neyret

15.15 – 16.45 ESSKA SESSION:

CHAIRS: Herman Mayr, Henrique Jones

Round Table : Injury Prevention in Sports

Herman Mayr - Henrique Jones - Nicola Lelevre, Mirco Herbort , Andrew Williams

16.45- 18.15 COMBINED ICRS EFOST SESSION: Cartilage in 2015

CHAIRS: Alberto Gobbi , Lisa Kon , Bas Pjinenburg

Classification of Chondral lesions - Gunter Spahn

Osteochondral lesions management - Elisaveta Kon

Repair of Cartilage defects - Matthias Steinwachs

Micro and nano fractures - Massimo Berruto

OATS in Athletes - Laszlo Hangody

Innovative Arthroscopic Cartilage Repair - Ulrich Schneider

Cartilage and sports activity - Alberto Gobbi

Peter Angele (AGA) -

18.15 Nomination of the new honorary member

TOP LEVEL ATHLETES EXPERIENCE (Livio Berruti)

18.30 END OF SESSIONS

20.00 GALA DINNER (Stupinigi)

ROOM 2

No Morning Sessions

14.30 -15.30 SESSION I: Hyaluronic acid and PRP in 2015

Chair Ramon Cugat , Piero Volpi

Speaker (IBSA??)– Title

Speaker – Title

15.30 - 16.35: SESSION II: Meniscal management in 2015

CHAIRS: Rene Verdonk, Simon Roberts, Roland Becker

Biomechanics of the meniscus - Roland Becker

Meniscus: salvation and replacement: techniques and results - Dirk Holsten

Indications and limits of meniscal allografts - Peter Verdonk

Rehabilitation after meniscus treatment – Simon Roberts

What we have learned – Rene Verdonk

16.35 BREAK

16.50 - 17.05 LECTURE: Knee Replacement and Sports - Franco Benazzo

17.05 - 18.05 SESSION III: Ankle

CHAIRS: PIETER PAUL D’HOOGHE, JON KARLSSON, MATS BRITTEBERG

ANKLE INJURIES

Madis Rahu –

18.05 END OF SESSIONS

ROOM 3

No Morning Sessions

14.00 – 15.30 Free papers

Chairs: Burt Klos, Giuseppe Longo

15.30-15.45 Lecture: Disability and Sports - Massimiliano Gollin

15.45 BREAK

16.00 - 18.00 FORTE SESSION: State of the art in skeletal sports trauma

CHAIRS: Gazi Huri, Giuseppe Massazza

18.00 END OF SESSIONS

SCIENTIFIC PROGRAM - SATURDAY, November 28

MAIN HALL

7.30-8.0 ICL : Posterior Shoulder Instability Pericles Papadopoulos

8.00 – 9.40 SESSION I: Shoulder and Elbow in Sports

CHAIRS: Alessandro Castagna, Francois Kelberine, Pericles Papadopoulos

Anatomy and investigation - Markus Scheibel/Berndt Dreithaler/Matthias Flury

Scores for shoulder evaluation - Filippo Castoldi

CT –MRI and arthroscopic connection in glenohumeral ligaments pathology Marjah Shahabpour

Cuff tear: what is the best reconstruction - Alessandro Castagna

Micro instability: conservative treatment – Pericles Papadopoulos

Solutions for irreparable cuff lesions – Boris Poberaj/ Pietro Randelli

The painful elbow - Gigi Pederzini

Elbow instabilities - Francois Kelberine

9.40 – 10.40 HOW I DO

Extreme Ski Injuries - Christian Fink

Shoulder cuff repair - Philippe Hardy

10.45-11-00 LECTURE: How to evaluate knee injuries - Giuliano Cerulli

11.10 BREAK

11.30 – 13.00 SIGASCOT Session

CHAIRS: Paolo Adravanti, Pietro Randelli

Topic - Alfredo Schiavone Panni

Topic - Giuseppe Milano

Topic - Giuseppe Peretti

Topic - Mario Ronga

Topic- Alberto Vascellari

Topic – Paolo Adravanti

13.00 LUNCH

Workshop on Ultrasound and Sports - Jordi Ardevol

14.00-14.15 – Lecture: How to prevent knee injuries- Joao Espregueira Mendez

14.20 -15.30 Return to Sport after ACL reconstruction

CHAIRS: Jose Huylebroek, Franco Benazzo

Return to Sports: do Top Athletes heal faster? - Jose Huylebroek

Rehabilitation for High Level Athletes - Lior Laver

Complications: Prevention and Management – Alexander Barie

The Nordic view point Lars Engebretsen

The role of the physiotherapist – Paco Biosca

15.30 BREAK

15.45 - 16.00 Lecture : Achilles tendon. History and new tendencies - Mahmut Doral

16.00 - 16.15 Lecture : Management of cartilage lesions of the ankle - Niek Van Dijk

16.30 – 18.00 Nutrition, endocrinology and sports

CHAIRS: Ezio Ghigo, Maurizio Casasco , Mike Carmont

Topic – Yves De Vos

Topic – Ezio Ghigo

18.00 End of Sessions

ROOM 2

07.30-08.00 ICL: Surgical Treatment of Medial and Lateral Knee Instability Mahmut Doral

08.00-09.00 WRIST session

Chair Grzegorz Adamczyk, Bruno Battiston Loris Pegoli

Grzegorz Adamczyk

Loris Pegoli

Bruno Battiston

09.00 - 10.00: Israeli Knee Session

CHAIRS: Gideon Mann, Meir Nyska

The effect of HBO treatment on spontaneous osteonecrosis of the knee - Speaker

All- autograft combined - and multi-ligament knee reconstruction - Speaker

Hip arthroscopy: intra- and extra- articular procedures - Speaker

The effect of low-impact physical activity on knee symptoms and quality of life in patients with moderate osteoarthritis – Speaker

10.00-11.30

Team session: How to prevent and manage top level team injuries (or UEFA session). Round table

CHAIRS: Franco Benazzo, Henrique Jones, Jan Ekstrand

Fabrizio Tencone, Paco Biosca, Piero Volpi, Rodolfo Tavana, Jose Huylebroek, Ramon Cugat, Iordi Ardevol, Artur Pereira de Castro, Renato Misischi, Flavio Quaglia, Agostino Tucciarone

Juventus, Chelsea, Inter, Milan, Anderlecht, Barcelona, Sporting, Torino, Napoli

11.30 BREAK

11.45– 12.50 SESSION I: Hip

CHAIRS: Alessandro Masse', Jan Melkebeek, Nicolas Gravelleau

Anatomy and biomechanics of normal and abnormal hip - Alessandro Massè

Imaging – Carlo Faletti

Athletes hip in different sports activities – Mark Safran / Michael Dienst

Hip impingements – Jan Melkebeek

Indication for open or arthroscopic treatment – Richard Villar / Nicolas Gravelleau

13.00 LUNCH

14.00 – 15,30 SESSION I: Technology and Engineering

CHAIRS: Enrico Macii, Laura Montanaro

Cristina Bignardi, Enrica Verné, Paola Palmero, Paolo Montuschi, Laura Montanaro

15.45 – 16.45: Belgian Symposium

CURRENT CONCEPTS ON ANTEROLATERAL LIGAMENT RECONSTRUCTIONS

16.50- 17.05: Lecture: Orthopaedic Oncology and Sports: Raimondo Piana

(Michael Gebhart)

17.05-18.00 Free papers

18.00 End of Session

ROOM 3

7.30-8.00 ICL: Management of Difficult Meniscal Tears Lior Laver

08.00– 10.00 SESSION for physiotherapists

CHAIRS: Giuseppe Massazza, Paco Biosca, Lior Laver

How I do - Ann Cools (Shoulder)

Tips and Pearls on return to sport after ACL surgery and shoulder instability -

Acute trauma management -

Rehabilitation after injuries -

Prevention techniques -

10.00-11.00 FREE PAPERS

CHAIR: Rocco Papalia

11.00 BREAK

11.15 – 13.00 EUROPEAN HEALTHCARE IN SPORTS TRAUMATOLOGY - Care Over the Borders

CHAIRS: Gernot Felmet, Igor Zazirnyi, Axel Ekkernkamp

Thorsten Bröske, Die Schwenninger Krankenkasse (Health Care Insurance)

Frank Hoffmann, Frankfurt Oder, Germany, German-Polish Society

Gianfranco Beltrami (IT)

Stephen Cannon (UK), EFORT Past President

Netherland

13.00 LUNCH

14.00-16.00 US Workshop Giuseppe Monetti, Burt Klos, Jordi Ardevol

ROOM 4

09.00 – 12.00: Session for journalists: CME course on sports traumatology and media:

Local organizers:

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CUS TORINO