

The Meniscus

Preserve the future!



2nd International Meeting

Organizing Committee:

P. Beaufls
R. Verdonk

P. Boisrenoult
N. Pujol
F. Almqvist
P. Verdonk

FEBRUARY 7-9th

2013

CONVENTION CENTRE
VERSAILLES - FRANCE



Meniscus
2013 Versailles

www.meniscus2013.fr



Edito

Dear Colleague,

It is a real pleasure for us to inform you the Congress « The Meniscus. Preserve the future » will be held in the Palais des Congrès de Versailles, on February 7th, 8th and 9th 2013.

This event will follow upon the first Gent (Belgium)2010 congress « The Meniscus from Cradle to Rocker ». This last edition met a striking success (more than 400 persons) and encouraged the chairmen (R. Verdonk and P. Beaufils) to organise a second session, this time in Versailles.

This meeting, organised in association with Philippe Boisrenoult and Nicolas Pujol (Group of Arthroscopy from Versailles), will appeal to be an international faculty making English the official language.

The scientific topics will be completely and exclusively dedicated to the Meniscus with 3 axes of reflexion :

- Meniscus in the daily practice (meniscus of the child, meniscectomy, meniscal repair, post meniscectomy syndrome)
- Administrative and economic environment (practices recommendations, costs support, comparative in Europe)
- Future : meniscal transplant, meniscal substitutes

The first two days (Thursday 7th and Friday 8th) will take place in the Palais des Congrès de Versailles and will contain Round Tables, meet the experts and interactives sessions... There will be no call for abstract.

Saturday, February 9th morning, will be held at the Hôpital André Mignot, in Le Chesnay (3km of Versailles) and will present a live surgery session (meniscal repair, meniscal substitute, meniscal transplants,...)

Looking forward to welcoming you in Versailles !
Best regards

Philippe Beaufils (Versailles) & René Verdonk (Gent), Chairmen

CHAIRMEN:

Philippe Beaufils (Versailles)
René Verdonk (Gent)

ORGANISATION:

P. Beaufils, P. Boisrenoult, N. Pujol (Versailles)

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- 08:30 REGISTRATION
- 08:55 Welcome - Opening remarks. *Ph. BEAUFILS*
- 09:00 Meniscus: Overview. *K. de HEAVEN*

Basic science

- 09:10 What's new in anatomy. *A. ESPEJO BAENA*
- 09:20 What's new in Biomechanics. *M. MALONEY*
- 09:30 Modern imaging of the cartilage: MRI. *W. HUYSSSE*
- 09:40 New advances in MRI of the meniscus. *W. HUYSSSE*
- 09:50 Biologic enhancement of meniscal healing. *R. KURODA*
- 10:00 Modern meniscal suture: how do I choose ?. *E. SERVIEN*
- 10:10 Discussion
- 10:30 COFFEE BREAK / VISIT OF THE EXHIBITION

Meniscal repair: technique-associated lesions-results

- 11:00 Arthroscopic meniscal repair: technique. *A. WAJSFISZ*
- 11:10 Arthroscopic Posterior approach and meniscal repair. *F. JOUVE*
- 11:20 Meniscal wrapping. *R. JAKOB*
- 11:30 ACL and meniscus: strategy and technique . *Ph. COLOMBET*
- 11:40 Meniscus Repair: Clinical long term results. *R. SIEBOLD*
- 11:50 Meniscus Repair: Anatomical long term results. *N. PUJOL*
- 12:00 Interactive case presentation /discussion
- 12:30 LUNCH/ VISIT OF THE EXHIBITION/INDUSTRY WORKSHOP



Difficult meniscus repair / Complications and Specific indications

- 14:00 Technical difficult repairs. *B. SONNERY-COTTET*
- 14:10 Anatomical risks and prevention. *A. ESPEJO BAENA*
- 14:20 Complications after meniscal repair. *R. SIEBOLD*
- 14:30 Meniscal ossicle. *R. SEIL*
- 14:40 Root tears. *JH. AHN*
- 14:50 Horizontal cleavage: Open repair and PRP enhancement. *N. PUJOL*
- 15:00 Meniscal lesion treatment: Influence of high level sport ? *J. MENETREY*
- 15:10 Return to high level sports after meniscectomy and repair? *J. ESPREGUEIRA-MENDES*
- 15:20 Interactive case presentation/discussion

Degenerative meniscal lesions

- 15:40 The role of meniscus in osteoarthritis. *M. ENGLUND*
- 15:50 Origin of knee pain: cartilage, synovial or meniscus? *Th. BOYER*
- 16:00 Interactive case presentation/discussion
- 16:30 COFFEE BREAK / VISIT OF THE EXHIBITION

Think different: asymptomatic MRI meniscal lesions, other causes of pain

- 17:00 Prevalence of meniscal lesion: MRI. *J. ROMERO*
- 17:20 Meniscectomy or masterly neglect: how do I choose ? *P. BOISRENOULT*
- 17 :30 It's not meniscus but a chondral focal lesion. *F. ALMQVIST*
- 17 :40 It's not meniscus but a degenerate ACL. *P. BOISRENOULT*
- 17 :50 Interactive case presentation/discussion
- 18:10 What I have learned today. *P. CHAMBAT*



Meniscal lesions in children

- 08:30 Ontologenesi and phylogenesis. *Ch. HULET*
- 08:40 Lateral discoid meniscus. *JH. AHN*
- 08:50 Medial discoid meniscus. *Ch. FLOUZAT LACHANETTE*
- 09:00 Traumatic and overuse lesions in children. *R. SEIL*
- 09:10 Interactive case presentation/discussion

Complications after meniscectomy: diagnosis

- 09:30 Post-meniscectomy chondrolysis: myth or fact? *Th. BOYER*
- 09:40 Post-meniscectomized knee and secondary osteonecrosis: myth or fact ? *R. SEIL*
- 09:50 Symptomatic post-meniscectomized knee: diagnosis. *Ph. NEYRET*
- 10:00 Interactive case discussion
- 10:30 **COFFEE BREAK / VISIT OF THE EXHIBITION**

Post meniscectomy knee: treatment

- 11 :00 Medical approach. *O. CHARROIS*
- 11 :10 Indication of repeat arthroscopy after meniscectomy. *J. MENETREY*
- 11 :20 Osteoarthrosis after meniscectomy: incidence- evolution. *Ph. NEYRET*
- 11:30 Around the knee osteotomies after meniscectomy. *R. JAKOB*
- 11:40 Joint distractors. *F. ALMQVIST*
- 11:50 Prosthetic spacer. *E. GANZ*
- 12:00 Interactive case presentation /discussion
- 12:30 **LUNCH/ VISIT OF THE EXHIBITION/INDUSTRY WORKSHOP**



Meniscal replacement

- 14:00 Basic science. *M. MALONEY*
- 14:10 Allograft pre operative requirement. *S. ZAFFAGNINI*
- 14:20 Meniscal allograft: modern technique. *T. SPALDING*
- 14:30 Meniscal allograft: anatomical and clinical results. *P. VERDONK*
- 14:40 Interactive case presentation / discussion

Meniscal reconstruction

- 15 :00 Testing Meniscus Reconstruction/Replacement in the lab. *A. AMIS*
- 15 :10 CMI (MENAFLEX) basic technique. *M. RODKEY*
- 15 :20 CMI (MENAFLEX): results: developer's view. *M. RODKEY*
- 15 :30 Actifit technical key point. *FX. GUNEPIN*
- 15 :40 Actifit medium term results. *P. VERDONK*
- 15 :50 CMI (MENAFLEX) vs ACTIFIT: user's point of view. *S. ZAFFAGNINI*
- 16 :00 Allograft or substitute failure: treatment strategy. *JC. MONLAU*
- 16 :10 Interactive case presentation/discussion
- 16 :30 **COFFEE BREAK / VISIT OF THE EXHIBITION**

The future

- 17 :00 Future Trends in meniscus repair, meniscus replacement. « Preventive » Meniscal Reconstruction : a tomorrow option ? . *J. ESPREGUEIRA-MENDES, J. MENETREY, JC. MONLLAU, N. PUJOL, R. SEIL, R. SIEBOLD, , S. ZAFFAGNINI*
- 17 :30 Meniscus: The Ten Comitments. *Ph. BEAUFILS, Ph. BOISRENOULT, N. PUJOL, P. VERDONK*
- 17 :40 Closing remarks. *R. VERDONK*

February 9th



 Live surgery will be held in the Hôpital André Mignot, Etablissement français du sang, Amphithéâtre

Live surgery: Meniscal repair

- 08:30 Case presentation
- 08:35 Live surgery / Discussion

Live surgery: Meniscal allograft

- 09:15 Case presentation
- 09:20 Live surgery / Discussion

Live surgery: Horizontal meniscal suture

- 09:50 Case presentation
- 09:55 Live surgery / Discussion

10:20 COFFEE BREAK / VISIT OF THE EXHIBITION

Live surgery: Meniscal reconstruction (Actifit)

- 10:40 Case presentation
- 10:45 Live surgery / Discussion
- 11:45 Conclusion / End of the Course

VENUE:

Versailles Convention Centre

10 rue de la Chancellerie - 78000 Versailles

Téléphone : 01.40.68.22.22

From PARIS - CHARLES-DE-GAULLE Airport:

RoissyBus to Paris - Opéra

> RER B direction Saint-Rémy- lès-Chevreuse
to Saint-Michel - Notre-Dame station

> From Saint-Michel - Notre-Dame station,
RER C to Versailles Château - Rive Gauche

Airport shuttles
from Porte Maillot:

- Air France Coaches
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on public transport
www.ratp.fr

Useful links

www.adp.fr (Paris Airports)

www.voyages-sncf.com
(for train travel)

www.parisinfo.com
(Paris Tourism Office)

www.versailles-tourisme.com
(Versailles Tourism Office)

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Orlyval to Antony

> RER B direction Mitty-Claye or Paris-Charles-de-Gaulle Airport
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> From Saint-Michel-Notre-Dame, RER C to Versailles Château-Rive Gauche.